



# Travel Safety & Security Training Course Details



This instructor-led course is delivered over 4 sessions using a variety of media and activities.

### Learners will:

- ✓ Enhance their safety and security awareness to increase confidence when travelling.
- ✓ To examine options to reduce the *likelihood* of a safety or security incident occurring while abroad.
- ✓ To examine options to reduce the *impact* of a safety or security incident should it occur while abroad.
- ✓ To improve your ability to carry out your work effectively, fulfilling your objectives and those of organisation.

### Gain knowledge about:

- Travel Safety & Security
- Security Strategies
- Identifying threats
- Risk Assessments
- Personal Mitigation Measures
- Situational Awareness
- Crowds / Aggression
- Specific Threats (identified by participants)

Module	Title and and Learning objectives	Time
1	<b>Travel Safety &amp; Security</b> <ul style="list-style-type: none"> <li>• Assess travel from an individual safety and security perspective.</li> <li>• Examine how our diverse profiles make up our individual security profile.</li> <li>• Discuss over-arching strategies to enhance our safety &amp; security when we travel.</li> <li>• Analyse the type of activity we carry out when we travel from a safety &amp; security perspective.</li> </ul>	90 mins
2	<b>Mitigating Threats</b> <ul style="list-style-type: none"> <li>• Examine our safety and security environment.</li> <li>• Identify common threats from an individual perspective.</li> <li>• Carry out risk assessments.</li> <li>• Recognise the link between risk assessment and mitigation.</li> <li>• Formulate simple personal mitigation measures against common risks.</li> </ul>	90 mins
3	<b>Situational Awareness and Understanding Human Aggression</b> <ul style="list-style-type: none"> <li>• Discuss common constraints affecting our situational awareness and strategies to enhance it.</li> <li>• Apply the Recognise, Evaluate, Avoid, Defuse, Exit (READE) model to respond to different situations.</li> <li>• Recognise common symptoms, strengths, limitations and triggers of limbic system responses.</li> <li>• Identify potential negotiation approaches and strategies when dealing with aggressive persons.</li> </ul>	90 mins
4	<b>Specific Threats</b> <ul style="list-style-type: none"> <li>• List measures to mitigate the likelihood of different specific threats (as identified by the participants)</li> <li>• List measures to mitigate the impact of different specific threats (as identified by the participants)</li> <li>• Recall common advice and good practice when faced with different specific threats (as identified by the participants).</li> </ul>	90mins
<b>COURSE TOTAL: 6 hours</b> (equivalent to 1-day face-to-face training course)		